

**FIFTH THIRD TURKEY TROT & STRATEGIC STAFFING SOLUTIONS STUFFING STRUT- FAOS**

**When is this year's race?**

As always, the race is held on Thanksgiving morning before the Parade. This year date is Thursday, November 24<sup>th</sup>.

**What is new this year?**

- FIVE Wave Start – Comet/Blitzen/Dasher/Prancer/Rudolph to help runners and walkers start smoother. Each wave will have corresponding colored numbers to help place them in the right corral.

<u>WAVE</u>	<u>PACE</u>
<b>Comet</b>	- 8 min and under
<b>Blitzen</b>	- 8 min - 9:30 min
<b>Dasher</b>	- 9:30 - 11 min
<b>Prancer</b>	- 11 & over
<b>Rudolph</b>	- Walking

- All participants must clear the start line by 8:20 AM.
- Cheer Stations along Michigan Avenue are planned to help inspire runners in to 10 KM race.








**How do I register?**

On-line Registration by credit card is available here on our website ([click here](#)).

A [printable registration form](#) is available for mail-in by [clicking here](#).

You may also pick-up forms, as well as register, at 9 Satellite locations from November 5<sup>th</sup>-19<sup>th</sup> (cash or check only – NO credit cards).

**During Posted Hours:**

 <b>FIFTH THIRD BANK</b>	66 Kercheval, Grosse Pointe Farms, MI 48236	(313) 881-6188	M-W 9-5; TH-F 9-6; SA 9-1
	3389 Plymouth Rd., Ann Arbor, MI 48105	(734) 827-2561	M-W 9-5; TH-F 9-6; SA 9-1
 <b>new balance</b>	37606 W. 12 Mile Rd. , Farmington, MI 48331	(248) 324-0506	M-TH 10-8 F-SA 10-6
	821 E Big Beaver Rd, Troy, MI 48083	(248) 740-9221	M-TH 10-8 F-SA 10-6
 <b>runnin' gear</b>	9937 East Grand River Ave Brighton, MI 48116	(810) 844-0180	M-F 10-8 SA 10-6 SU 12-5
 <b>Total Runner</b>	15265 Dix Toledo Road, Southgate, MI 48195	(734) 282-1101	M&TH 10-9; T,W,F & SA 10-6
 <b>Y BOLL FAMILY YMCA DETROIT</b> PICK UP ONLY!	1401 Broadway, Detroit, MI 48226 NO REGISTRATION AT YMCA!	(313) 309-9622	M-F 8-8; SA 9-4; SU 11-4
 <b>playmakers</b>	2299 W Grand River Ave, Okemos, MI 48864	(517) 349-3803	M-TH 10-8; F-SA 10-6; SU Noon-5
 <b>Bauman's</b> RUNNING & WALKING SHOP	1473 West Hill Flint, MI 48507	(810) 238-5981	T-Th&SA 10-6; M&F 10-8; SU 12-5

As long as our 20,000 participant limit has not been reached, late registration is also done in the Michigan Hall at Cobo Center on Wednesday, November 23<sup>rd</sup> from noon – 7:00PM, and on Thanksgiving morning from 6AM – 7AM (cash or check only – NO credit cards).

### **What are the Entry Fees?**

Before October 1, 2010    5K & 10K - \$31    Mashed Potato Mile - \$16  
October 1 – November 19    5K & 10K - \$36    Mashed Potato Mile - \$21

Cobo Center Late Registration - November 23, 24  
(Cash or check ONLY)    5K & 10K - \$41    Mashed Potato Mile - \$21

\$5 Discount (**Mashed Potato Mile Only**) for ages 12 and under or over 65.

### **How old do you have to be to enter?**

There are no age requirements for any of the races.

### **Where & when does the race start?**

- 7:30 AM - The *Mashed Potato Mile* starts in front of Cobo Center at the top of the ramp on Washington & Jefferson.
- 7:45 AM – Comet and Blitzen Waves: The *Fifth Third Turkey Trot (10K) & S3 Stuffing Strut (5K)* starts on Woodward at Congress St. (Note: These waves on both the Southbound lanes of Woodward only)
- 8:00 AM – Dasher and Prancer Wave: The *Fifth Third Turkey Trot (10K) & S3 Stuffing Strut (5K)* starts on Woodward at Congress St. (Note: These waves on both the Northbound lanes of Woodward only)
- 8:10 AM – Rudolph Wave - 5K walk will start on the east side of Woodward near Congress. The will begin as soon as the runners have cleared the start.

All participants must cross the starting line by 8:20 AM, after which the start area will be closed.

### **When and where can I pick up my race packet?**

In advance at one of nine locations (see above) from Nov. 5 to Nov. 19.

You can pick up all race materials in the Michigan Hall of Cobo Center on Wednesday, November 23<sup>rd</sup> from noon until 7:00 PM. You can also pick up all race materials on race morning at Cobo Center from 6:00 – 7:00AM.

### **Can someone else pick up my Race Packet or vice versa?**

Yes. At the satellite locations, you will need a valid ID and a **zip code** (if you are picking up other runners packets) that lets us identify who picked up the packet.

At Cobo Center, you will need your bib number. They will be posted alphabetically on the wall in the pre-registration packet pick-up area of the Michigan Hall in Cobo Center.

### **I'm injured. Can I still pick up my Race Packet?**

Yes, you paid for it.

### **Do you mail out the Race Packets?**

No, you may visit one of the satellite locations to pick up your packet.

### **What is the deadline for registration?**

The deadline for on-line registration is November 19<sup>th</sup>.

The mail-in deadline is November 19<sup>th</sup>.

Late registration is available on Wednesday and Thursday, November 23 and 24 at Cobo Center, **as long as the 20,000 limit has not been reached.**

### **What is the timing system?**

“B” tags. Timing devices will be attached to your bib number in the 10K Turkey Trot and the 5K Stuffing Strut. The Mashed Potato Mile is not timed.

### **Do you offer prize money?**

No. The top 100 Male & Female 5K and 10K finishers receive merchandise awards as they cross the finish line. The top three overall M&F finishers in the each event will receive unique awards. Costume prizes will be awarded at 7:00am (at One Woodward) following the judging contest.

**Do you have age/division awards?**

No, except all runners over 70 will receive the awards. We discontinued this because many of the award winners left Cobo Center to watch the Parade.

**Where do I find the race results?**

Race results will be available on race day in the Michigan Hall finish area. You can also find the results posted online, after 4:00PM at [www.gaultracemanagement.com](http://www.gaultracemanagement.com) and [www.runmichigan.com](http://www.runmichigan.com).

**Are there port-a-potties on the course?**

Rest rooms are available on all levels in Cobo Center. There will be a limited amount of porta-johns in the starting area.

**Where should I park on race day?**

- There are five locations we recommend that have easy access to and from Cobo Center. You may access a Turkey Trot Parking Map by [clicking here](#).
- All of these locations can be accessed from the Lodge Freeway (M10).
- Exits 1A, 1B and 1 C will get you to the parking locations. Print a map from our web site to help you.
- **Avoid using Jefferson Ave.** and you'll stay away from most of the Parade and Lions game traffic.
- Many other parking structures and lots in the downtown area are open for the race and the Parade. All parking fees are the responsibility of the participant.

**What time should I get there for the race?**

The earlier you get downtown, the better. Between the Turkey Trot, the Parade and the Lions Game, it gets extremely congested in the downtown area, especially since the police begin closing some streets on Wednesday evening. It is suggested you be in your parking lot no later than 7AM. Note: Go online to print maps and suggested routes to parking locations.

**Are there discounts at local hotels?**

The Marriott Hotel Detroit at the Renaissance Center is the host hotel for the Fifth Third Turkey Trot. At this time they have sold out the block of discounted rooms. There is still availability for Wednesday, November 23<sup>rd</sup> at the regular rate of \$159.

**What is the Wednesday night dinner/Party?**

The Marriott Hotel Detroit RenCen is also hosting *Gobblefest*, a pre-race party and buffet dinner from 4:30 – 8:30 PM on Wednesday, November 23<sup>rd</sup>. Cost is only \$15, with \$2 being donated to The Parade Company. It will be held in the 42 Degree North restaurant which has a spectacular view of the Detroit River. Reservations are not needed.

**What time does the course close?**

Because of the Parade, the entire course must be clear by 9:45AM. The starting line closes at 8:20 AM

**Do people really wear costumes?**

Last year over 1,000 runners and walkers wore costumes. It's what makes the race "The Parade before the Parade!" Wearing costumes for the Turkey Trot is an honored tradition and highly encouraged! Prizes are given for originality and execution. Team themes are especially welcome. Costumes, while encouraged, are not required.

**Do you offer Gear Check?**

Yes. You can check in your sweats and other items in the Gear Check area located in Michigan Hall adjacent to packet pick-up.

**How can I meet my family after the race?**

There will be a family reunion area with alphabetized signage located next to Gear Check inside Cobo's Michigan room.

**Is there food after the race?**

Water will now be available just past the finish line.

The food area will be located at the westside of the Michigan room in Cobo Center. We will continue to offer a variety of fun food after the race. You can smell the popcorn when you walk into the hall!

**Are strollers allowed on the course?**

Yes, we do allow people to run with baby joggers or strollers but we ask that you start in the back of the pack for your safety and the safety of others.

**Can I run with my dog?**

Yes, but please be mindful of interfering with other runners. There will be doggie water stops next to the runner water stops and doggie treats at the finish line.

**Are skateboards, rollerblades, scooters or bikes allowed?**

No. These modes of covering the course are a safety issue; please keep these items off the course.

**Is there entertainment on the course?**

Cheer groups are being added to the course. You'll also see our giant inflatables at the major turns and two fun stations besides the water stops. Say "hi" to the volunteers at the Christmas Cookie and Candy Cane stations. And look for the giant big heads at the start and finish lines.

**If I am injured and/or cannot attend the event can I get a refund or transfer my entry to someone else?**

We have a no refund, transfer or deferment policy for all race entries. You can pick up your shirt.

**Can I run in more than one race?**

The 5K and 10K races are run simultaneously. They share the same course for the first 2.5 miles. Many participants run the Mashed Potato Mile with their families, or as a warm up for the longer race. Just remember there are only 15 minutes separating the start of the Mile and the first wave of the 5K/10K. 5K and 10K participants do not need to pay an additional fee for the Mashed Potato Mile. You cannot run the 5/10km if you only signed up for the mile.

**What is the Mashed Potato Mile?**

We are encouraging kids 12 and under and adults over 65 to participate in this one mile fun run/walk that starts at 7:30AM in front of Cobo Center at the top of the ramp on Washington & Jefferson. A token award will be handed out to all finishers.

**Can I walk in an event, or do I have to be a runner?**

Walkers are definitely encouraged to participate in the 5km walk that starts at 8:10am. Just remember, that because of the start of the Parade, the course must be cleared by 9:45AM.

**I paid for parade tickets (Grandstand Seating) when I registered, where are the tickets? Where are the seats?**

If you registered on-line your tickets will be mailed to you with a map to the grandstand location. Tickets are also available at the satellite locations and at Cobo Center registration. Turkey Trot Grandstand seating is usually on the west side of Woodward at Grand Circus Park. We will have special Turkey Trot Grandstand Greeters to direct you when you arrive near the reserved section.

**How do I know if I am registered?**

A confirmation will be sent via email within 24 hours after you've registered. The Turkey Trot web site will also list your bib number; show which event you signed for and your tech shirt size.

**Can I switch races?**

Yes, to help in the registration and results process we request that you pick a race. However, you can switch to either race by following the course you want and crossing the timing mats designated for the 5km or the 10km.

**Will the race continue give out tech shirts?**

Yes, they are a crowd favorite! The pumpkin and purple shirt (in men's and women's cut) will be a mock turtle neck for men and V-neck for women.

**I ordered the wrong size t-shirt, or would prefer a different size, can I exchange it?**

Exchanges will not be available until **after** the race, and only if any shirts are remaining. Go to the pre-registration area to see if they have shirts in your size. Note: The Turkey Trot web site registration page has a chart to help you determine the correct size. Note 2: For an extra \$2, 2XL shirts will now be available.

**Am I guaranteed a t-shirt?**

If you've signed up before November 1, you will be guaranteed a shirt.

**How far is the 5km/10km start from Cobo Hall?**

About five blocks from the Cobo Center lobby. Walk east on Jefferson to Woodward and its one block north from there.

**How can I volunteer?**

We can always use more volunteers. Call our hotline at (313) 247- 4149 or use the Turkey Trot Volunteer website by [clicking here](#).